

## **Presents**



An Empower Community Care Organization

Looking for ways to feel more supported as a parent/caregiver? Then Join: The Incredible Years Parent Program (for families with children ages 3 - 6).

## **GROUP DETAILS**

- Class Meets Thursdays from 11:30am 1:00pm
- Class Starts: September 18th
  - Will not meet November 27<sup>th</sup>
- Class Ends: December 18<sup>th</sup>
- Class Format: Virtual over Zoom
- This group is designed to help parents and caregivers improve their relationship with behaviors and promote their social, emotional and academic competence.

Incredible Years Virtual Participant Registration - Fall 2025



## **Questions? Contact Us**

Amy Cobb at Amy Cojcmh.org
Alisa Wood at Alisa Woojcmh.org

